Upper St. Croix Parish Grantsburg, St. Croix Falls, Atlas P.O. Box 128 Grantsburg, WI 54840



October Biessings May the month lead you to progress and prosperity in health, wealth and love. Stay Blessed and Happy !!

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Overcoming Weariness

⁴ But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." ⁵ Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." ⁶ He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷ The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." ⁸ He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. (1 Kings 19:4-8)

Have you ever felt weariness suddenly during your everyday life? I would guess that you have done so often. How do you overcome your weariness? You may take a nap, exercise, or enjoy leisure activities such as hunting, fishing, or boating. Our weariness may be because we do not take care of ourselves physically, emotionally, and spiritually. We do exercise for a healthy life. Perhaps you do exercise regularly by taking walks, going to a gym, or running for one hour or more every day. However, we also need to take care of our emotions and our spirit. How many hours do you spend on your emotional and spiritual health per day or week? To sustain a healthy life, we have to have a balanced physical, spiritual, and vibrant life. Otherwise, we may frequently feel weariness. If you do not take care of yourself well, your weariness leads to depression or addiction. Weariness might be our inner enemy which can destroy our health.

According to a survey, during the COVID 19 pandemic, emotional illness was 3 times higher than before the pandemic. It shows us how the environment influences our health. The COVID 19 pandemic brought me a big shock. I thought my car broke down on the highway. As you may remember, I had planned many things to do during the Lenten season, such as visiting homes and Bible studies. But, I had to stop them all suddenly. I momentarily panicked. I lost my way for a while because I did not have a second plan. I prayed to God about what to do. Suddenly the story of Elijah came to my mind.

Elijah was the great Prophet of the Israelite. He destroyed all gentile gods and four hundred-fifty gentile prophets at one time on Mount Carmel (1 Kings 18:16-40). However, after the big victory, he heard Jezebel was upset. She says, "May the gods do to me, and more also if I do not make your life (Elijah's life) like the life of one of them by this time tomorrow" (1 Kings 19:2). The great Prophet Elijah heard the bad, angry woman, ran to the wilderness, and got depression. He even asked God that he might die. He said, "O Lord, it is enough now, take away my life." And he lay down under the broom tree in the wilderness and fell asleep. Suddenly an angel touched him and said to him, "get up and eat." An angel brought a cake baked on hot stones and a jar of water. Elijah woke up and ate the food and slept again. The angel came to him also and fed him a second time. He got strength enough to keep going to the next ministry.

Like Elijah, we sometimes go straight for our ministry without taking care of ourselves. Elijah spent all his energy for his ministry without taking care of himself. So, his weariness came to him because of a bad, angry woman. His weariness led him into the midst of depression. He should have taken a nap and eaten good food, but he ran to the wilderness. The wilderness of Israel does not have any shelter and food. So, our weariness may make us lose our way. The good thing for Elijah was that he depended on God even in his depression. And God sent him an angel to help him.



FROM THE PASTOR CONTINUED...

As soon as Elijah's story came to my mind, I tried to think of the situation in a positive way. I might need to take care of myself. So, I started gardening which I love during the pandemic. I know that it is not easy to think of the COVID 19 pandemic in a positive way for those who experienced losing loved ones, jobs, shelters, and many precious things in their lives. Nevertheless, we should trust God. God may make something happen positively. We should also not lose our healthy life because of this situation, which we cannot handle. We should do what we can do, and God may do what God can do. Therefore, do not lose your daily life taking care of your physical, spiritual, and emotional health. I moved my garden into my house to continue gardening for my spiritual and emotional health through the fall and winter. I know that spiritual and emotional care is as critical as physical care. I hope you may take care of yourself, finding a balance with your physical, spiritual, and emotional health during the pandemic.





Blessings,

Pastor Jenny Lee



October 4th is World Communion Sunday. On the first Sunday in October, United Methodist congregations join many Christian churches across the globe in celebrating World Communion Sunday. World Communion Sunday began at Shadyside Presbyterian Church in Pittsburgh, Pennsylvania in 1933. The Rev. Hugh Thompson Kerr and his congregation sought to demonstrate the interconnectedness of Christian churches, regardless of denomination. Rev. Kerr appropriately chose the sacrament of Holy Communion to symbolize this unity.

In 1940, the Federal Council of Churches of Christ in America, which included all of the predecessor denominations of The United Methodist Church, adopted World-Wide Communion Sunday.

United Methodists believe in an open table, anyone may receive communion. Our Book of Worships says, "All who intend to lead a Christian life, together with their children, are invited to receive the bread and cup."

In United Methodist Churches around the world, a special offering is collected on World Communion Sunday to fund scholarships for seminarians. One half of the proceeds is for World Communion Sunday Scholars administered by the General Board of Global Ministries. The remaining one half is for the Ethnic Scholarship Program and the Ethnic In-Service Training Program, which are administered by the General Board of Higher Education and Ministry.

Special Offering Envelopes will be provided for this offering.





GIVING "Tis the Gift to Be Simple" October 2020

'Tis the gift to be simple, 'tis the gift to be free; 'tis the gift to come down where you ought to be (Simple Gifts/Shaker Hymn, Joseph Brackett)

During the Covid-19 pandemic, most of us are living under conditions of enforced simplicity. There are fewer luxuries and entertainments to spend money on and for most of us, less traveling, shopping, and visiting. Although, some people find the forced confinement to be stressful itself, most people are, all in all, under less of the kinds of stress they usually experience.

John Wesley, in his sermon, "The Use of Money (#50)," insists that simplicity is essential for the Godly use of money. If we earn all we can honestly, then we are to save all we can, meaning retain all we can, by not using it wastefully. Rather than spending on luxury foods and personal ornaments (home, fashion, etc.), says Wesley, we should "be content with what plain nature requires." Nor, should we lead our children into an extravagant lifestyle.

Why, then are we saving? In order to serve God through 1) supplying your own simple needs, 2) and the needs of your family and household, and then 3) giving your surplus to the "household of faith" and to other people for their simple needs. We are not the proprietors of creation, but rather the stewards of it. So, when we are planning an expenditure, Wesley advises us to ask, 1) am I acting as a proprietor or a steward? 2) am I following Scripture? 3) can I offer this as a sacrifice to God, through Jesus Christ? and 4) will this action be judged as righteous?

There are plenty of churches and people in need during the pandemic. This is a good time to get even better at God's simplicity. As Wesley says in ending his sermon, "Give all ye have, as well as all ye are, a spiritual sacrifice to Him who withheld not from you his Son, his only Son."

Jim Wells, Wisconsin United Methodist Foundation

Visit the Wisconsin United Methodist Foundation at www.wumf.org or Facebook/wumf.org Or call 1-888-903-9863

For Your Abundant Generosity

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honor. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer. Contribute to the needs of the saints; extend hospitality to strange. (Romans 12:9-13)



This year has been difficult in so many ways. We have been tested, afflicted, frustrated, separated, masked, sprayed, disconnected and disinfected until we want to pull our hair out, shouting, "Enough!" In so many ways, it has almost been too much.

But through it all, I must admit, I am overwhelmed and deeply impressed by your faithfulness. The generosity, giving, sacrifice, and commitment of our laity and clergy across the Wisconsin Conference has never been greater. Your support of critical ministries has been unflagging and dedicated. We have seen a very small drop in our connectional giving, allowing us to continue to support key ministries. We have been able to keep our financial commitments to Harbor House Shelter, United Methodist Children's Services, and Northcott Neighborhood House. We have been able to provide crucial resourcing to our Camps at Pine Lake and Lucerne and to support our campus ministries. We have met our denominational commitments to the very best of our abilities, and this is at the Conference level.

Congregations have provided amazing ministries in their communities, continuing to worship in creative and virtual ways. Support of feeding, shelter, and crisis intervention ministries has continued unabated. Though we have not been able to engage in hands-on mission experiences this year as a Conference, many local church groups have participated in providing essential services across the state.

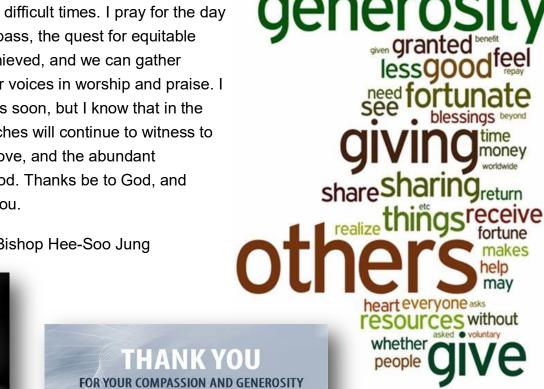
I need to commend you all on your abundant generosity and your sacrificial giving of time and talent in addition to financial resources. I especially want to thank the clergy and laity who have participated in peaceful demonstrations and protests across the state. I want everyone to be aware of the pastoral and spiritual aid given by our leaders to protesters, law enforcement, business owners, and residents, in Kenosha and other cities, towns, and communities around the state. The pandemic has caused us to be more cautious and considerate of others, preventing us from gathering in our sanctuaries, but it in no way has slowed the faithfulness of Wisconsin United Methodists. My beautiful people, I am so proud of you!

SOUL FOOD CONTINUED ON NEXT PAGE...

SOUL FOOD CONTINUED...

It is a testimony to our deep faith that we continue to give and serve in difficult times. I pray for the day when the virus will pass, the quest for equitable justice might be achieved, and we can gather together to raise our voices in worship and praise. I hope this day comes soon, but I know that in the meantime our churches will continue to witness to the goodness, the love, and the abundant generosity of our God. Thanks be to God, and thanks be to all of you.

Grace and Peace, Bishop Hee-Soo Jung



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GRANTSBURG: CENTRAL NEWS

Central UMC will be holding in-church services Sunday's at 8:15 am. We hope these procedures will make you safe and feel safe. COVID-19 recommended safety measures:

1. Entrance and exit to the building will be through the southeast doors on Pine Street. Other entrances will not be available. Phased exit to keep social distancing will also be through this entrance.

2. All attendees, including staff and volunteers, will have their temperatures checked upon entry using a non-contact thermometer.

3. Protective facial masks are required for all attendees throughout the entire service— please bring your own mask with you. A small supply of masks will be available for those who forget or for guests.

4. Social distancing, six (6) feet intervals at arrival, seating, and departure will be observed. Families may sit together.

5. No hand shaking or physically passing of the peace.

6. No passing of items, attendance cards, sign-up sheets, offering plate, etc. Offerings can be deposited in offering box upon departure.

7. Singing may be possible wearing a protective facial mask. No Bible books and Hymn books can be used, but we provide info on a screen. Piano music will be provided.

8. Bathroom accessibility only through the door by the baptismal font.

- 9. All other areas of the church, including Wesley room, dining room, kitchen, nursery and basement, will be closed.
- 10. Hand sanitizer and disinfectant will be available.
- 11. No social time in church, no food or beverages will be served.

These changes are designed for everyone's safety!

A GLANCE AT CENTRAL'S OFFERING INCOME THROUGH AUGUST 2020



Funds	August 2020	Year-to-Date 2020
General Funds Gifts	\$ 4,002.00	\$ 38,414.00
Loose Offering	\$ 6.00	\$ 248.55
Upper Room	\$-	\$ 20.00
Sunday School	\$-	\$-
Total General Funds	\$ 4,008.00	\$ 38,682.55
Equipment Replacement Fund	\$-	\$ 168.00
Capital	\$-	\$ 100.00
Missions	\$ 20.00	\$ 386.00
Specials	\$-	\$ 131.00
Other-Pastors Youth		
Fund	\$ 50.00	\$ 880.00
A/C Fund	\$-	\$-
UMW	\$-	\$-
UMM	\$-	\$-
Other	\$-	\$ 400.00
All Funds	\$ 4,078.00	\$ 40,747.55

Rod & Janet Dahl 10/4 Art & Pauline Bistram 10/5 Norma Kratchmer 10/11 Lily Benge Briggs 10/12 Melissa Dahl 10/12 Barb Loomis 10/13 Abby Goepfert 10/14 Scott & Sue Bunting 10/14 Amy Harmon 10/15 Shirley Baker 10/24 Tim Reisewitz 10/24 Bob Popham 10/26 Destany Neuman 10/30

BIRTHDAYS & ANNIVERSARIES

Autumn Leaves... Jesus Doesn't...

GRANTSBURG: MISSIONS & MEETINGS



Admin Council 6:30 pm ~ October 20th Central UMC

MISSION INFORMATION

October missions will be Trick or Treat for UNICEF at Central. The idea of collecting money for UNICEF on Halloween started in 1949 by Mary



Emma Allison, who lived in Philadelphia. It was in 1950 the concept was introduced to local Presbyterian churches and some of the children in the community decorated milk cartons collected \$17.00 to aid children in post World War II Europe. The total amount was donated to UNICEF.

There will be a Trick or Treat for UNICEF box at the back of the church by the offering basket. For those of you who are not attending church, feel free to mail in a donation. ~ Thank you, Deb Hammer

BE A "BACKPACK BACKER"! REMEMBER ... Every Sunday Is MAC 'N CHEESE SUNDAY!



Can you donate to help support the backpack program?! Please make sure the boxes do not expire until after the end of the year. Thank you!



Our October meeting will be held in the church fellowship hall starting at 1pm on Wednesday the 14th. We will follow safety guidelines so wear your masks and expect to keep a safe distance from each other. We will be introducing our officers for 2021; asking for volunteers for this school year's College mailings; distribute the revised policies for funeral lunches/ refreshments; and make changes to funeral calling teams as necessary.

UMW Sunday will be incorporated onto Laity Sunday this year. Laity Sunday will be celebrated October 18th. I hope many of you will attend the 8:15 service at Central. Please remember to bring your Thank Banks that morning.

In the event that Central's Administrative Council finds it necessary to cancel "in person" meetings for a time so that we cannot meet October 14th we will do our best to let you know. If that happens and you want to help with the College program, call Mary McNally at 715-791-8010.



There will not be a meeting in October.



Sundays, Through October (Weather Permitting) 10:00 am Atlas Park next to Atlas UMC

If possible please print out your own materials that will be emailed out to everyone. There will be some hard copies at available.

There will be individual packets for the Communion service.

We look forward to seeing you!

INCOME TOWARD ATLAS' BUDGET

Offerings:

9/6 \$ 995.00 9/13 \$ 174.00 9/20 \$ 415.00 9/27 <u>Unavailable</u>



Total \$1584.00 (as of 9/20)

\$3278.84 - Needed per Month to cover expenses. **\$1694.84** shortage for September.

Thank you for your faithful financial support of the ministry of Atlas church!



PLANET GREEN INK JET RECYCLING



Do you have used ink jet cartridges or old cell phones? Every one that you donate to the church provides extra money to fund Atlas Church 's Ministry and outreach. Thank you for your continued support of this program!

October Birthdays & Anniversaries				
Van Brock 10/2	Brody & Brittney Woltz			
Dawson Kunze 10/10	10/9			
Sue Olson 10/12				
Cole Steffen 10/21	Josie & Pat Grimes 10/10			
Georgeanne Koons 10/23				
Sue Ott 10/26	Doug & Deb Kunze			
Jim Mattson 10/29	10/10			







LOAVES & FISHES FOOD PANTRY Monthly Report July 2020

Households Served 52 Adults 89 Children 5 Total People 94

Luck School District 39 Unity School District 12 Other 0 New Families: Unity 0, Luck 1, Other 0

USDA Food Received 1155# NON-USDA (Donations) 704# Groceries Purchased 585# Volunteer Hours 55 1/2

Items Needed: Cereal & Person Items



Operation Christmas Child Fall Kick-Off

Boxes will be available for those who want to start planning what they want to give to Operation Christmas Child.

Watch the bulletin and Nov. Newsletter for additional information.



OCTOBER MISSION

Loose Change collected during worship will go to support Polk County Interfaith Care Givers *OR* the Salvation Army.

LOAVES & FISHES NEEDS OUR ONGOING SUPPORT

You are invited to bring food for the Loaves & Fishes Food Pantry in Luck . As we are not currently holding church services, please drop your food shelf donations off in person at the food shelf.

October Collection:

HOLIDAY FOODS (canned yams, stuffing, cranberry sauce, instant potatoes)





COUNTRY CHRISTMAS "COFFEE" CRAFT & BAKE SALE CANCELLED

Due to the COVID-19 pandemic, we are sad to say we have decided to cancel this

year's sale. We will be working on other fundraising ideas. If you have an idea you'd like to share please let us know. Thank you and stay well!





ST. CROIX FALLS NEWS

REMEMBER THE FOOD SHELF

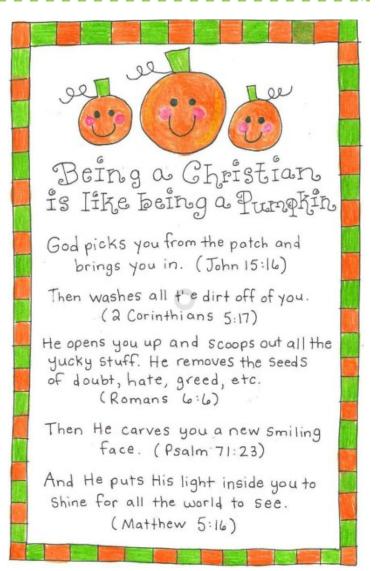
On Communion Sundays, you are invited to bring in donations for the SCF Food Pantry... just be sure your food items have not expired.



COMMUNION SUNDAY: 10/4/20

FOOD SHELF UPDATE

We are doing great with all the donations so far-we are seeing an increase in new people. We are also planning a huge garage sale for the food shelf on October 9th and 10th from 8:00 am-5:00 pm. The sale will again be held at the American Legion Hall in St. Croix Falls. Please come and help support your local food shelf. Thank you! ~ Sharon Asp



HELPING HANDS

Currently there are no Helping Hands signed up for October as we will continue our outdoor Drive-In Services as long as weather permits. We will keep you posted as to when the church will open for Sunday Services. Thank you!



St. Croix Falls Admin Council Meeting via Zoom

Thursday, Oct. 15th 4:00 pm

OCTOBER MISSION October's Sailor Hat Offering will go to support the Homeless Shelter in Amery, WI.

October Birthdays

Kate Murtaugh 10/26













Confirmation Service (Olivia McNally & Renee Tooze) in Grantsburg, 9/13.



<u>Bible</u> Presentation (Noah Dennison), 9/13.







"Youth Gathering 300" started on 9/9 via Zoom.

SEPTEMBER IN PICTURES CONTINUED..









Drive-In Service at Atlas Park on 9/13 & 9/20.



MISCELLANEOUS



Charge Conference via Zoom Oct. 27th 6pm



Virtual Sunday School 4-6 pm Monday's via Facebook Pick up prepared supplies at church on Sunday. Sunday Lesson posted 'Mondays at 4pm on Facebook.

Children/Youth Group Park Night

Oct. 14th from 430-5:30 pm at Atlas Park Youth of all ages are welcome!

Snacks will be provided
Virtual Sunday School Prizes Awarded





WORLD COMMUNION SUNDAY MASKS CONTEST

We will be having a mask contest on Sunday Oc.t 4th. There will be prizes awarded to the winners of each of these 2 categories:

- 1. Best Communion Mask
- 2. Most Fashionable Mask

We can't wait to see all the fabulous masks!!

FALL FUN ACTIVITY PAGE



HOW DO MONSTERS LIKE

MOVIE STARS?

MEDIUM RARE

WHAT DO YOU CALL

FAT JACK-O-LANTERN?

PLUMPKIN

HALLOWEEN FUN FACTS

- Candy Corn was originally called chicken feed.
- 2. The first Jack O'Lanterns were actually made from turnips.
- Halloween is the second highest grossing commercial holiday after Christmas.
- 4. Comedian John Evans once quipped: "What do you get if you divide the circumference of a jacko'-lantern by its diameter? Pumpkin π."
- 5. The average bag of candy that one child will collect on Halloween contains about 11,000 calories.



Polk County Food Shelves

Amery

Amery Food Shelf-230 Deronda Street, Amery

Food Shelf is located in the old Amery Regional Medical Center Building. Call (715) 268- 5999 before 12:00 noon on Wednesday. Leave name and number on voice mail. Open Thursday 2-6 pm. Area of service: Amery school district only

The Congregational Church—201 Harriman Ave. North, Amery Food distribution: 9-10:30 am every 2nd Saturday of the month . Registration is 7 am to 9:30 am. **715-268-7390 Special note:** No economic restrictions; however, a \$20.00 donation is asked to help cover the cost of the truck.

Ruby's Pantry –www.amery.ucc.org or office.ameryucc@gmail.com Area of service: County wide

Dresser

People Loving People --- 103 E. Main Street, Dresser Monday and Saturday 11 am – 1 pm Wednesday 2 pm – 5 pm Phone: 715-501-4657

Frederic

Family Pathways Food Shelf—1100 Wisconsin Ave South, Frederic Phone 715-327-4425 Open Tuesday 9 am 6 nm Thursday 9 am 6 nm Saturday 9 am 12r

Open Tuesday 9 am—6 pm, Thursday 9 am—6 pm, Saturday 9 am—12pm **For best service please call for appointment.**

Luck

Loaves and Fishes Interfaith Food Pantry—300 North 1st Street, Luck Pantry is located in the back of the DBS Hall Open Tuesday & Thursday 11 am—1 pm Phone (715) 472-2003 Area of service: Luck & Unity School Districts

Osceola

The Open Cupboard Food Shelf—402 2nd Avenue, Osceola Call for appointment: 715-294-4357 Open Monday-Friday 8 am – 5 pm (The Open Cupboard also has used furniture & clothing) Area of service: Osceola & Dresser school district

St. Croix Falls

St Croix Falls Food Shelf—809 Pine Street, St Croix Falls Phone: 715-520-2397

Open Monday 9 am—11 am Wednesday 3 pm—6 pm Friday 9 am – 10 am Area of service: SCF school district, Dresser elementary, Centuria, Cushing & portions of Balsam Lake & Taylors Falls

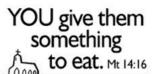
Family Pathways Food Shelf—2000 US Hwy 8, St Croix Falls Phone: 715-483-2920

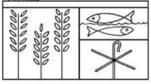
Open Monday 9–5 pm, Tuesday 9-5 pm, Wednesday 12 pm– 6 pm, Thursday 9-5 pm, Friday 9–5 pm, & Saturday 9-Noon











Burnett County Emergency Food Shelves and Distributions

Grantsburg Area Food Shelf No cost

Serving residents of the Grantsburg School District Open Thursday 9:30am-11:30am; **EMERGENCIES ONLY** on Tuesday 9:30am-11:30am Allowed to come 2 times a month Located between the Library and the Village Hall Office, 320 South Brad St., Grantsburg, WI

Indianhead Community Action Agency- "Connections" No cost

Serving all Burnett County residents Open 10am-3pm Monday, Tuesday & Friday Located in Webster next to the Holiday Gas Station (715) 866-8151

Ruby`s Food Shelf- Siren No cost

Serving residents of the Siren & Webster School Districts Open 10:00am-2pm Monday & Friday 10:00am-4pm Wednesday Closed Thursday

**You`re asked to be there at least 30 minutes before close Located at 24534 State Hwy 35/70 (Ruby`s Secondhand) (715)349-RUBY (7829)

Ruby`s Monthly Food Distributions Bring own boxes or baskets Donation: \$20 For dates, times, and locations (no location restrictions at this time), visit <u>http://</u>www.rubyspantry.org/distribution/distschedule.htm

Second Harvest Food Distribution No cost

First and Third Thursday of every month Starts at 11:00am until food is gone Located at Connections in Webster (next to the Holiday Gas Station) This distribution is offered to anyone in need of food; please help get the word out

St. Croix Chippewa Commodities Distribution

24663 Angeline Ave., Webster II 349-2195, Becky Reynolds Food distribution: Monday to Thursday 7:30am-4:30pm (Native American Income Eligible Only)

Closed first week of each month for inventory. Can only receive one time per month. A variety of items are available each month and may include canned meats; juice; canned foods; dry goods; frozen meats; cheese; rice and pasta; fresh produce.





